



Mesenchymal stem cell therapy improves erectile dysfunction in experimental spinal cord injury

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Abstract

The aim of this study is to investigate the therapeutic potential of adipose-derived mesenchymal stem cell (AD-MSC) from brown adipose tissue on erectile dysfunction (ED) in experimentally induced spinal cord injury in rats. 24 male Wistar rats were divided into 3 groups; control, spinal cord injury (SCI) + vehicle, and SCI + AD-MSC. To induce SCI, a standard weight-drop method that induced a moderate to severe injury (100 g/cm force) at T7-T10, was used. AD-MSC (3×10^5 cells / $5 \mu\text{L}$) was applied by local transplantation into the region of injury. At the end of four-weeks, rats underwent neurological examinations and then intracavernosal and mean arterial pressures (ICP and MAP) measurements. After decapitation, spinal cord and cavernosal tissue samples were taken to analyze neuronal nitric oxide synthase (n-NOS), proto-oncogene protein c-FOS and nerve growth factor (NGF). Tissues were also examined histologically. Spinal cord injury caused decrease on NGF and n-NOS levels while c-FOS was increased. The ICP/MAP value in vehicle-treated SCI rats was found to be significantly higher than the control group. On the other hand, in SCI + AD-MSC group, all these parameters were reversed back to control levels. AD-MSC therapy may be beneficial against erectile dysfunction in experimentally induced SCI by ameliorating neuronal damage.

Introduction

The pathophysiology of spinal cord injury (SCI) is characterized by initial trauma on the specific region and

secondary damage where biochemical, molecular and cellular changes occur. It is well known that SCI results in physical, social and psychological negative consequences among male patients [1–3]. One of these, erectile dysfunction (ED) is an important health concern affecting the quality of life caused by SCI.

Standard spinal cord injury related animal studies are performed with an injury impacted between T7 and T10 vertebrae. Erectile dysfunction following SCI has always been a debatable subject, because an ED model caused by a spinal cord trauma affecting the sacral branches has not been established as a standard traumatic SCI-induced ED model. However, there are articles that have reported successful results with a previously studied SCI-ED model [3].

In recent years, the promising results of the application of stem cells for the treatment of SCI have been shown by studies, and experimental and clinical trials of stem cells are still in progress to demonstrate the potential option of stem cells. It has been shown that, brown adipose tissue-derived mesenchymal stem cells (AD-MSCs) are capable of transforming into chondrogenic, neurogenic, and osteogenic cell types [4]. MSCs have also been shown to be derived from

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bone marrow, adipose tissue, umbilical cord blood, and fetal tissues both in animal and human studies [5, 6]. MSCs have neuroprotective properties and nerve growth factors responsible for angiogenesis, synapse formation, axonal regeneration, and neurogenesis. It has also been reported that it regulates inflammation by its ability to reduce apoptosis and cytotoxic activities [7]. It is possible that MSC can regenerate themselves and differentiate into various phenotypes: chondrocytes, adipocytes, and osteocytes [7, 8].

Because MSC are able to secrete trophic factor, they exhibit antiinflammatory, antiapoptotic, antifibrotic, and immunomodulatory properties [9]. MSCs become a therapeutic option among cellular and gene therapy, tissue engineering, and in vivo studies because of their easy isolation and no response against immunity to the host tissue [10]. There is evidence that stem cell therapy provides healing in experimental SCI models and these cells have been shown to be effective in the regeneration of the nervous system after spinal cord injury in animal studies and stem cell transplantation has been considered as an alternative treatment option [11].

Although stem cell applications has been studied for the treatment of ED caused by diabetes, aging, or bilateral cavernous nerve injury in rats [12–14], there is no study on SCI-induced ED. Accordingly, in the present study we investigated the possible potential of MSCs (AD-MSC) obtained from brown adipose tissue for the treatment of ED caused by SCI.

Methods

Animal and experimental design

Male Wistar albino rats (250–300 g) supplied by the Marrara University (MU) Experimental Animal Research Center were housed in an air-conditioned room with 12:12 h light:dark cycles. The temperature (22 ± 2 °C) and relative humidity (65–70%) were kept constant. All experimental protocols were approved by the MU Animal Care and Use Committee (16.2017.mar).

Rats were randomly divided into three groups (8 rats in each): Group 1, control group (C): rats underwent sham surgery. Group 2, vehicle group (SCI), rats underwent surgery for SCI induction and received the vehicle [phosphate buffer saline (PBS)]. Group 3, SCI + AD-MSC group: rats underwent surgery for SCI induction and $3 \times 10^5/5 \mu\text{L}$ brown adipose MSCs AD-MSCs were transplanted into the injured spinal cord via Hamilton syringe. After the trauma inductions and surgical interventions, all the rats were kept in single cages. Bladder massage was performed to prevent urinary retention.

Neurological examinations were performed 28 days following the sham surgery or SCI induction, and rats were underwent ICP measurements. After decapitation spinal cord and corpus cavernosum tissue samples were obtained for biochemical and histopathological analyses, which were all performed in a blind fashion along with all the statistical analyses.

Isolation and culture of rat adipose tissue-derived AD-MSCs

Under anesthesia with 100 mg/kg, i.p., ketamine and 1 mg/kg, i.p., chlorpromazine, 1–2 cm³ of adipose tissue of male rats was removed from interscapular zone. The removed adipose tissue was brown adipose tissue, which was decided upon microscopic evaluation. Tissue samples were washed extensively with phosphate-buffered saline (PBS) containing 1% penicillin/streptomycin. Then, samples were placed in a sterile Petri dish with 0.075% collagenase type I for digestion, minced using scalpels and incubated for 20 min at 37 °C. Upon this step, samples were transferred to tube and centrifuged at 600g for 10 min for three times. Finally, supernatant were aspirated and the cell pellet was resuspended in low-glucose Dulbecco's modified Eagle's medium (Biological Industries, BI) supplemented with 15% fetal bovine serum (Pan BioTech), 1% penicillin/streptomycin (BI) and 0.02mM L-glutamine (BI). Cells were transferred to a tissue culture plate and incubated at 37 °C, 5% CO₂.

To confirm in vitro differentiation, rat MSC functional identification kit (SC020) was used [15].

Characterization of AD-MSCs

Immunophenotypic characteristics of cultured MSCs isolated from fat tissue were examined using flow cytometry. Accordingly, CD45 (eBioscience) and CD31 (Thermo Scientific) hematopoietic antigens should be negative in the cell population (not exceeding 2% of the positive rate), but the stroma-associated antigen CD90 (Thermo Scientific) must be positive on the surface of the MSCs. The MSCs obtained from the cell culture were washed once with phosphate buffer solution (PBS (SIGMA 3813)) at 1500 rpm for 5 min. After the supernatant was discarded, the cell pellet was resuspended in 1 mL of PBS (SIGMA 3813) and cell counts were performed to determine the number of cells in μL and the number of cells should be between 200,000 and 400,000. The first unpeaked cells, the second stained IgG1 FITC/IgG2a PE (Thermo Scientific) stained cells, the third stained CD31 FITC/CD90 PE stained cells and the fourth stained CD31 FITC/CD45 PE stained cells were placed. After 20 min incubation at room temperature and in the dark, sample was analyzed by using flow cytometry. BD FACSCalibur™ (San Jose, CA, USA) was used for flow

cytometric studies. AD-MSCs were identified by using the BD FACStation™ System Software (San Jose, CA, USA).

Induction of spinal cord injury

Under anesthesia (100 mg/kg, i.p., ketamine and 1 mg/kg, i.p., chlorpromazine) and sterile conditions, a skin incision was made and paravertebral muscle dissection was performed following the T5–T12 midline and spinous processes; then, the laminar arcs were removed from T7–10. SCI was induced using the modified weight-drop model [3, 16]. The dorsal surface of the spinal cord of rats was subjected to an impact of 100 g/cm (10 g weight from a 10 cm height). The weight was composed of a stainless steel rod (3-mm diameter tip) that was rounded at the surface. A 10-cm guide tube, positioned perpendicular to the center of the spinal cord, was used to drop the rod vertically onto the spinal cord. After the incision was sutured, rats were placed in a warming chamber to maintain their body temperature at approximately 37 °C until they were completely awake.

Motor function evaluation

The motor function was evaluated four times (once per week after SCI until the end of the experiment) using the method of Gale et al. [17]. Briefly the evaluation was: no movement of hindlimbs 0; perceptible movement; visible joint movements 2; hindlimb movement but cannot support body weight 3; hindlimb movement and support body weight 4; walking with mild deficit 5; normal walking 6. All behavioral tests were conducted by a “blinded” investigator. The sequence of testing animals by a given task was randomized for the animals.

Cavernous nerve stimulation and ICP/MAP measurement

On the 28th days of the study the animals were subjected to ICP/MAP measurement under general anesthesia. MAP was recorded on a computer using Biopac Student Laboratory PRO recording software (Biopac Systems, Goleta, CA, USA) via the cannulated left internal carotid artery. ICP was measured with a 24-gauge needle transducer inside the left crus of the penis. The cavernosal nerve (CN) was isolated and stimulated with a stainless steel bipolar electrode with parallel hooks (1 mm apart) around the nerve. The stimulation parameters were: 1.5 mA, 20 Hz, pulse width 5, 35 ms delay, at 7.5 V for 60 s each. The CN was stimulated and data were recorded individually. The maximum ICP/MAP ratio was calculated by dividing the highest ICP recorded during stimulation by the corresponding MAP and is represented as a percentage [3, 18, 19].

Measurement of n-NOS, NGF, and c-FOS in spinal cord and corpus cavernosum

Neuronal nitric oxide synthase (n-NOS), nerve growth factor (NGF), and c-FOS levels were quantified according to the manufacturer’s instructions and guidelines using enzyme-linked immunosorbent assay (ELISA) kits specific to the previously mentioned rat cytokines (Bioassay Technology Laboratory, E0542Ra, E0539Ra, E0046Ra).

Histopathological analysis

For light microscopic investigations, tissues were fixed in 10% formaldehyde solution and underwent routine histological preparation and were embedded in paraffin. Paraffin tissue blocks were sectioned 5 μm thickness on a rotary microtome and mounted on glass-slides. Sections of spinal cord were stained with luxol fast blue and cresyl violet (LFB&CV); sections of corpus cavernosum were stained with hematoxylin and eosin (H&E). Histologic sections were examined under an Olympus BX51 Photomicroscope for characterization of histopathological changes.

Statistical analysis

GraphPad Prism 5.0 (GraphPad Software, San Diego, CA, USA) was used to perform statistical analyses. All data were expressed as means ± SEM. Analysis of variance was used to compare groups of data followed by Tukey’s multiple comparison tests. The Mann–Whitney *U*-test was used to evaluate neurological examination scores. Values of $p < 0.05$ were considered significant.

Results

Identification of brown adipose tissue

Brown adipose tissue was used to culture MSCs. The identification process of brown adipose tissue is displayed in Fig. 1a as it shows (a) multiocular brown adipose tissue, (b) plasticity demonstrating adherence, (c) red-stained vacuoles show adipogenic differentiation, (d) blue-stained cells show calcium accumulation and thus chondrogenic differentiation.

Adipose tissue-derived MSC characterization

Adipose tissue-derived MSCs were isolated and cultured in flasks for about 7 days and thereafter it was observed that they formed monolayer confluent fibroblast-like cells. We used a flow cytometer for the characterization of our isolated cells. As expected, the hematopoietic stem cell

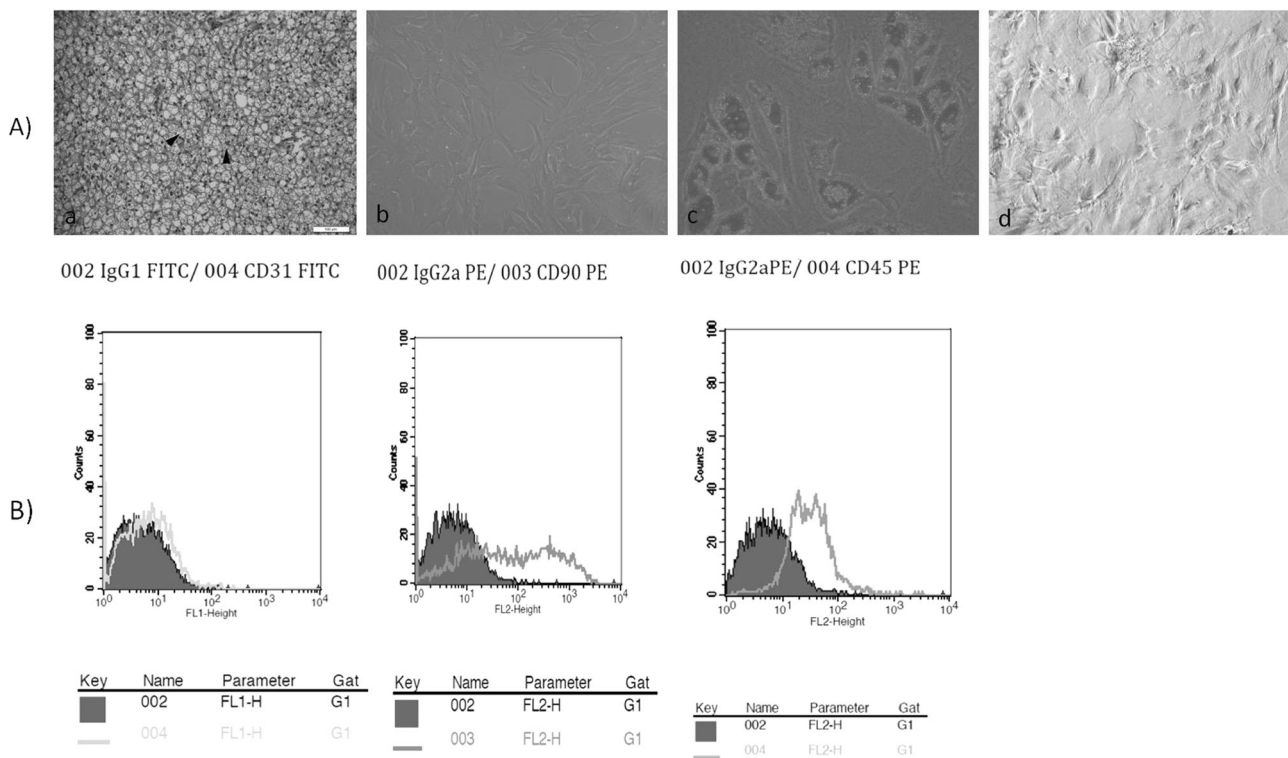


Fig. 1 a AD-MSC identification: (a) multiocular brown fat tissues (H&E staining, $\times 200$), (b) plasticity, (c) adipogenic differentiation, and (d) chondrogenic differentiation. **b** Markers for AD-MSC

characterization by using flow cytometry. Positive and negative markers, which are the result of the CD surface marker of AD-MSC

markers were negative for CD45 and CD31 and positive for stroma-associated antigen CD90 (Fig. 1b).

Motor function score

Spinal cord injury caused a significant alteration in the motor function scores (Fig. 2). According to the locomotor activity test, the SCI + AD-MSC group had higher recovery potential than the other two groups. The control and vehicle treatment group showed significantly lower activity scores than the group received stem cell (Fig. 2).

Intracavernosal pressure/MAP levels

As shown in Fig. 3, the ratio of the ICP to MAP was significantly higher in SCI + vehicle than in the control group ($p < 0.001$). On the other hand, in the SCI + AD-MSC group ICP/MAP levels were reversed back to the control group significantly ($p < 0.01$).

Neuronal NOS, NGF, and c- FOS levels in spinal cord

Both n-NOS and NGF levels of spinal cord (Fig. 4a, b) and cavernosal tissues (Fig. 4d, e) were significantly decreased ($p < 0.05-0.01$) in the vehicle-treated SCI group, while in the AD-MSC treated SCI group these values were found to

be increased significantly ($p < 0.05-0.01$) and were back to the control group.

When compared to the control group, spinal cord injury did not cause a significant change in c-FOS levels for both spinal and cavernosal tissues; however, c-FOS levels of these tissues were significantly increased in the AD-MSC-treated SCI group ($p < 0.05-0.01$) (Fig. 4c, f).

Histological findings

Spinal cord tissues

Myelin damage was not encountered in spinal cord tissues of the control group (Fig. 5a). In the SCI group, staining intensity was decreased and white matter of spinal cord tissues were highly degenerated, which was suggested by intensive vacuole formation (Fig. 5b). In the SCI + AD-MSC group, spinal cord tissues had less vacuolar formation and showed nearly normal staining pattern (Fig. 5c).

Cavernosal tissues

Contrary to the normal architectural morphology of cavernosal tissues of the control group (Fig. 6a), the SCI group has moderate degenerations especially in cavernosal capillaries (Fig. 6b). The SCI group showed cork-screw shaped

Fig. 2 Motor function score. The effect of AD-MSC therapy on paraplegia after SCI in rats. Each group consists of eight rats $**p < 0.01$; vs control group, $+p < 0.05$, $++p < 0.01$; vs vehicle-treated SCI group. Statistical analysis was performed by Mann–Whitney *U* test

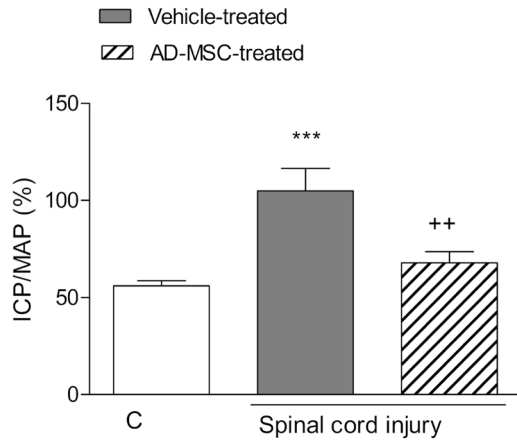
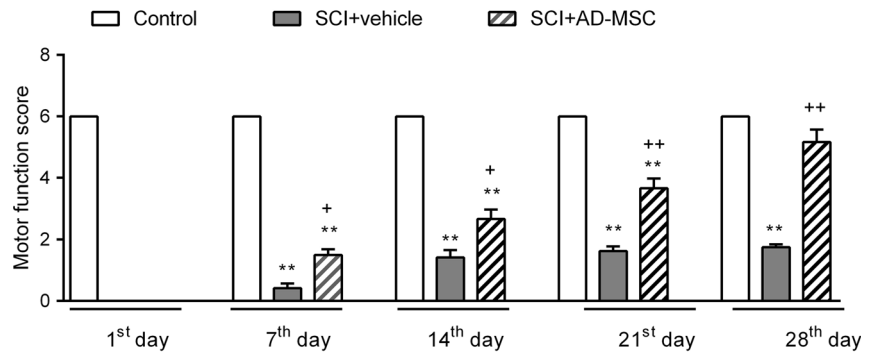
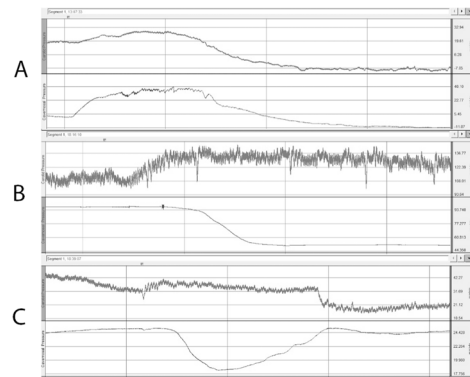


Fig. 3 The ratio of ICP/MAP for SCI groups of vehicle and stem cell treatment. Values are represented as mean \pm standard error of the mean (SEM). Each group consists of eight rats. ICP intracavernosal pressure,



MAP mean arterial pressure. $***p < 0.001$; vs control group, $++p < 0.01$; vs vehicle-treated spinal cord injury group. A: Control, B: vehicle-treated SCI, and C: AD-MSC-treated SCI group

nuclei along with blood vessel congestion. In the SCI + AD-MSC group, congestion was less and endothelial tissues expressed normal nuclear formations with near-regular appearance (Fig. 6c).

Discussion

The data of the present study demonstrate that SCI caused oxidative tissue damage as evidenced by decreased n-NOS and NGF levels and increased in c-FOS. Furthermore, SCI caused paraplegia and severely reduced motor function scores, while another sign of damage is a significant change in erectile function. On the other hand, the findings of the present study clearly showed for the first time that treatment with AD-MSC can reverse these changes and protect cavernosal tissues against SCI-mediated tissue damage.

Since spinal cord injury is associated with permanent disability and reduced life expectancy, this traumatic event impacts a patient’s physical, psychological, and social well-being and causes substantial financial burden on healthcare systems. In addition to paralysis, sensory loss

and bladder/bowel dysfunction at different grades, erectile dysfunction is another important problem affecting quality of life in men [20].

Spinal cord injury needs to be evaluated as two processes; one is the primary injury induced with mechanical trauma on the impact-site and the secondary injury is involved a serious cascade of biochemical changes. The damage of neural tissue causes disruption of neural tracts and neuron loss in the spinal cord [21]. Thus, for the treatment of SCI, the target should be aimed at repairing the damaged neural tissue and eliminating complications caused by secondary events. Recently, it has been shown that stem cell treatment offers a solution for SCI treatment by providing a source of therapeutic cells for neural function restoration [22]. Accordingly in the present study we evaluated AD-MSC treatment effects on erectile function in SCI injured rats.

Nitric oxide synthase activity and cGMP levels have important effects on the NO/cGMP signaling pathway in the erectile tissue [23]. Spinal cord injury significantly reduces NOS activity and cGMP levels [3]. It is well known that NO, produced by n-NOS, is an important mediator for relaxation of cavernosal tissues and vascular smooth muscles. It has

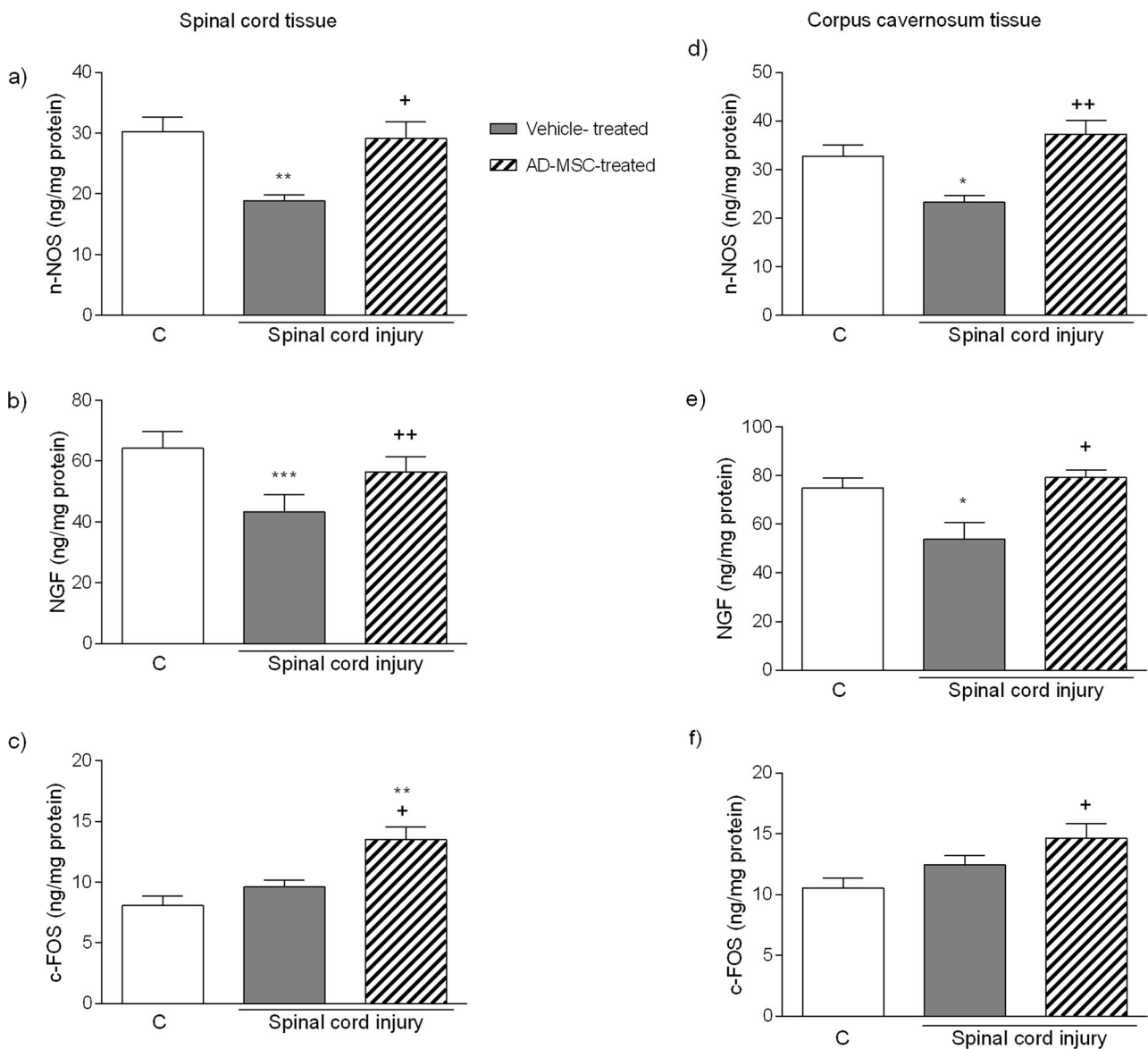


Fig. 4 n-NOS, NGF, and c-FOS results for spinal cord (a, b, c) and corpus cavernosum (d, e, f) tissues. Values are represented as mean \pm standard error of the mean (SEM). Each group consists of eight rats.

* $p < 0.05$; ** $p < 0.01$, *** $p < 0.001$; vs control group, + $p < 0.05$, ++ $p < 0.01$; vs vehicle-treated SCI group

been suggested that the reduction in n-NOS and e-NOS levels may lead to circulatory and structural changes in penile tissues, leading to ED [24]. In agreement with the aforementioned information on NO and n-NOS, in our study, SCI-induced significant reduction in n-NOS and the change was effectively reversed with AD-MSC treatment.

In similar other stem cell therapy studies, the mechanism of action of MSC therapy on SCI was still not clear. However some authors have tried to evaluate the mechanism of action of MSCs. Bucan et al. demonstrated in their study that adipose-derived mesenchymal cells secrete nanovesicles which increase neuronal growth and enhance regeneration. Also, the presence of neural growth factors transcripts has also been shown in adipose-derived MSCs'

exosomes which enhance nerve regeneration [25]. Bao et al. explained in their study the mechanism of action of stem cell therapy through the types and functions of macrophages. The M1 macrophages, the proinflammatory cells, has the characteristics such as damaging nerves and inhibiting nerve regeneration in secondary inflammatory reactions; however, M2 macrophages, the antiinflammatory cells, express high levels of IL-10, TGF- β , and reduce nuclear factor kappa B activity and up-regulate Arg1 and down-regulate proinflammatory factors. The authors stated that, MSCs, through reducing the expression of IL-7, reduced the M1 macrophage activities and also promoted the activation of M2 macrophages hence promoted repair of SCI [26].

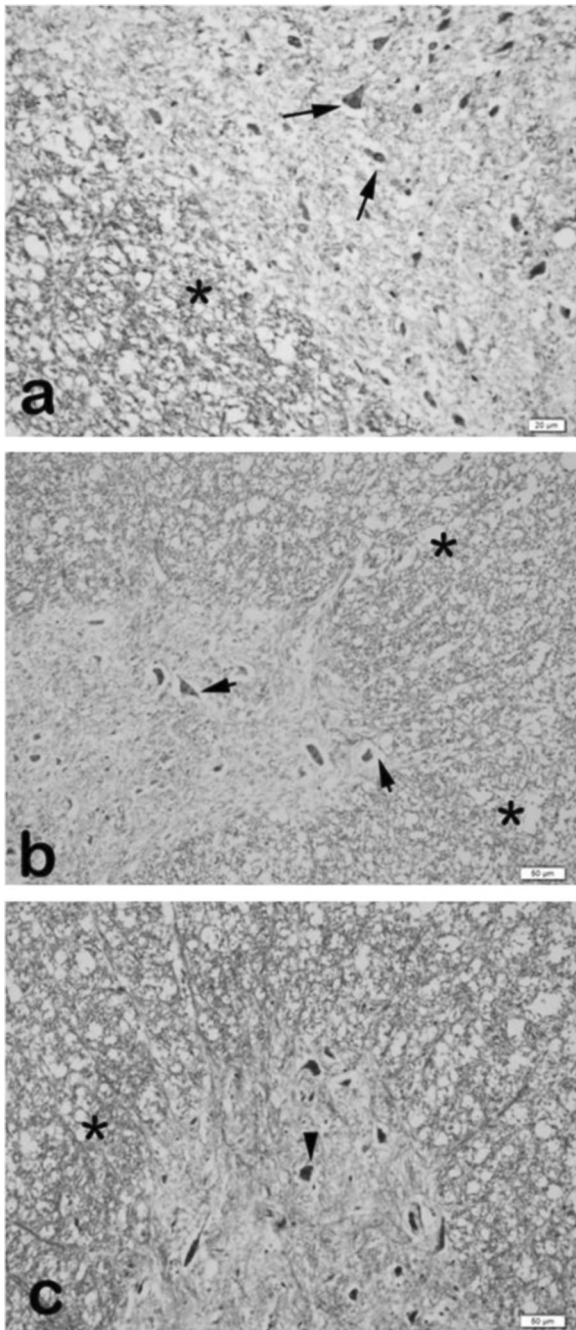


Fig. 5 LFB&CV-stained sections of spinal cords. **a** Control group: regular morphology of neurons in gray matter (arrow) and white matter (*), **b** vehicle-treated SCI group: prominent vacuole formation in white matter (*) and neurons in gray matter (arrowhead), **c** AD-MS-C-treated SCI group: normal staining intensity, reduced vacuole formation in white matter (*) and reduced perineuronal space (arrowhead)

ICP/MAP measurements were performed according to the technique described by Mullerad et al in their study in 2006 [18]. Although there are other described methods where different voltage measurements were also performed, Mullerad’s method has been the most widely used method throughout the literature. According to Pan et al. [27], ICP

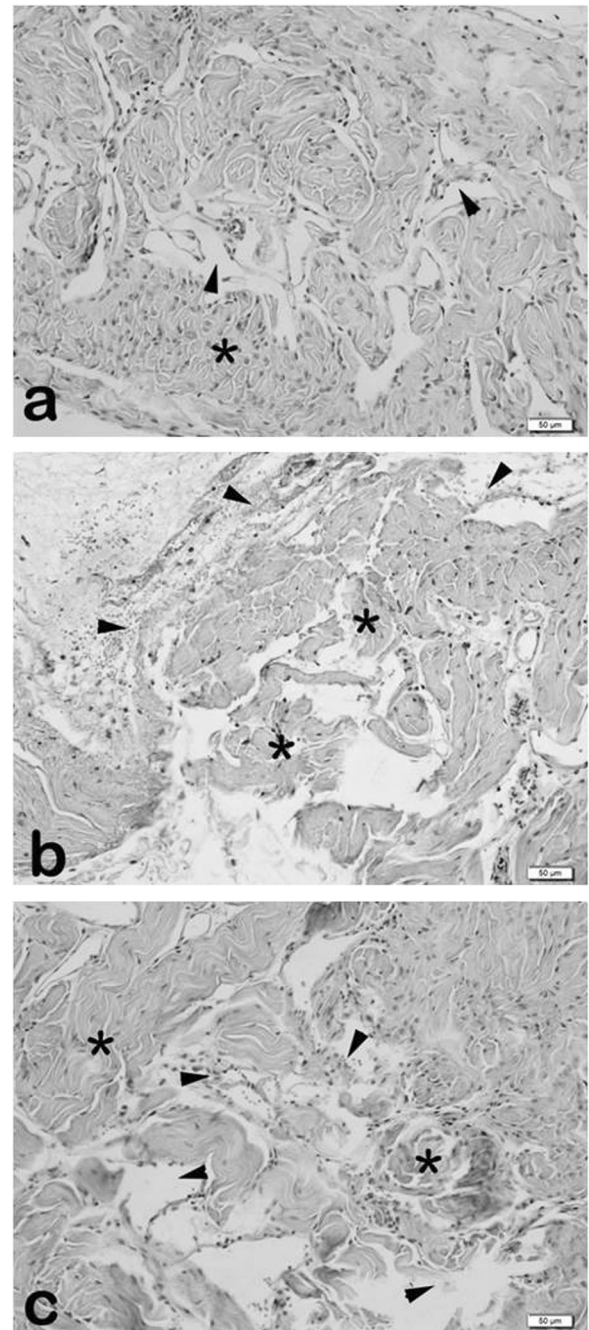


Fig. 6 H&E-stained sections of corpus cavernosum. **a** Control group: regular endothelial lining of vein (arrowhead) and collagenous, elastic, and smooth muscle fibers (*), **b** vehicle-treated SCI group: congestion in both vascular area and connective tissue (arrowhead) and disorganization in muscular tissue (*), **c** AD-MS-C-treated SCI group: reduced congestion in connective tissue (arrowhead) and reorganized muscle tissue (*) ×200

measurement is the most popular technique to assess erectile function as it provides more information than apomorphine-induced erection test and is cheaper than telemetric monitoring of corpus spongiosum penis. Temeltas et al. [28] reported that ICP values measured after

cavernous nerve stimulation were higher in the SCI group than the control and the endogenous neuronal precursor cell transplanted groups. These high ICP values have not been interpreted as an erection recovery by the authors, since they reported that the penile erection was significantly weakened in the nerve stimulation test of corpus cavernosum according to the findings of sexual function analysis and evaluation of penile reflexes after spinal cord injury [28]. In our previous study, we also reported an increase in ICP/MAP values after SCI and this increase was reversed back to control group levels with subsequent treatments [3]. Similarly, in this current study, the high ICP/MAP ratio in the SCI group was reversed back to control levels with stem cell therapy. The reversal of the ICP/MAP values from those of SCI group to control levels with treatment is the indicator of erectile function recovery.

Nerve growth factor is a member of the neurotrophin family and is also important for the growth, protection, and survival of peripheral sensory and autonomic neurons [29] and also serves as a signaling molecule [30]. In our study, we observed that SCI decreased NGF levels in cavernosal tissues. In our previous study, the success of treatment against ED has been documented with an increased level of NGF in corpus cavernosum [3]. Similarly in this study, we demonstrated that, with AD-MSCTreatment, the NGF level was increased and thus AD-MSCTreatment contributes significantly to the treatment of ED.

In addition, in our study, an increment of c-FOS level, a proto-oncogene, was observed in both spinal cord and corpus cavernosum tissues due to stem cell therapy in spinal cord injury. Liu et al. showed that c-FOS levels in spinal cord tissues were found to be increased after spinal cord injury [31], and as a result of MSC treatment, the expression level of the c-FOS level was increased furthermore [32]. Looking at these data, proto-oncogene c-FOS may be a potential marker of active functioning MSC presence [10].

In terms of locomotor activity tests: in the SCI group, the animals did not move their hind legs or showed a slight movement of the knee joints. The vehicle-treated SCI group with locomotor dysfunction due to spinal cord injury recovered slightly in the first 2 weeks and did not have enough hind leg movements to carry its own weight. At the end of the third week, the coordination between the anterior and posterior legs of the animals in the group treated with AD-MSCTreatment increased significantly, and hence the increase in locomotor score, and at the end of the 28th day, all the AD-MSCTreated SCI rats approached the control group levels in terms of locomotor score.

In our study, the implanted AD-MSCTreatment have provided both biochemical and functional recovery. The erectile recovery has been observed visually along with restoration of ICP/MAP values, whereas motor function recovery has been reported with improvements in locomotor activity test

scores. The possible mechanism of action is that AD-MSCTreatment can differentiate into neuronal cells, hence restoring these aforementioned parameters. However, this differentiation has not been shown histologically, which can be cited as a limitation of our study.

Conclusion

The findings of this study demonstrate the critical pathogenic effect of reduced NGF, and n-NOS levels in the spinal cord and corpus cavernosum tissue of SCI-induced ED. Furthermore, AD-MSCTreatment has an important role in SCI-induced ED since NGF and n-NOS proteins increased in both tissues after treatment. Thus, AD-MSCTreatment may be possible option to prevent neurogenic ED resulting from SCI. Further studies are needed to improve efficacy of MSC.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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